3 - 7 JANUARY 2024





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WELCOME



Welcome to the 2024 AusCycling Road National Championships, and congratulations for choosing to ride into the new year amidst the beauty of Victoria's Grampians Central Highlands region.

While the championships are all business, when you're finished riding – or watching on – I encourage you to get out and enjoy the wonderful local hotels, restaurants, cafes and natural landmarks that make this region so special.

From Pyrenees wineries to the beauty of the Grampians National Park, and of course some of the best cycling terrain you'll find in Australia, there's so much to see and enjoy throughout the region.

That's why the Victorian Government is proud to support AusCycling and their work hosting these National Championships. It's a great opportunity to reinforce Victoria's reputation as the capital of Australian cycling, and showcase the incredible food, hospitality and tourism offerings that the Grampians Central Highlands region is known for.

Congratulations to the AusCycling team for their tireless efforts to bring the Australian cycling community to Ballarat.

To all the riders, stay safe and good luck!

Steve Dimopoulos
Minister for Tourism, Sport and Major Events





WELCOME



It is with great excitement that I welcome Australia's premier cycling event, the 2024 AusCycling Road National Championships, back to Ballarat for an incredible 18th consecutive year and 21st year overall.

The Championships were first held in Ballarat from 2002 to 2004, then every year since 2007 and have delivered substantial economic, tourism and community benefits to Ballarat.

While the event beyond 2024 will be rotated throughout the country, we are hopeful that this won't be the last time we see the best of the best competing on our iconic circuits.

Before we bid farewell to the Road Nats there is a bumper program of events to satisfy everyone!

Kicking things off with two action-packed days of time trials at the Federation University's picturesque Mount Helen Campus.

Then onto Ballarat's CBD and my personal favourite, the criteriums on Friday, where spectators can see the nation's best fly up and down Sturt Street at incredible speeds.

That's before Buninyong becomes the focus of the road races over the weekend.

Excitingly, 2024 will see the return of the fan-favourite live site on Mount Buninyong, with food trucks, music and a big screen making the iconic climb the place to be on Sunday.

This year, the National Championships are expected to attract 20,000 visitors to the Ballarat region, not to mention being broadcast and streamed across the country – once again showcasing our city on the national stage and cementing our reputation as a major events destination.

We value our collaborative relationship with AusCycling and acknowledge the positive impact the event has had on our city over the journey.

Now, let's look forward to some great cycling and to all the riders, thank you, have fun and good luck for the Championships.

Cr Des Hudson City of Ballarat Mayor





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INTRODUCTION

The AusCycling National Road Championships is the pinnacle annual road event hosted in Australia annually. The event includes National Championships for J19, U23, Elite, Para-cycling, Masters and Club riders. The U23 and Elite Championships are domestic championships. All other Championships are open championships.

CONTACT LIST

RACE MANAGEMENT

Race Director Scott McGrory OAM 0415 243 242
President of the Commissaires' Panel (PCP) Karen O'Callaghan 0430 541 641

2024 COMMISSAIRES

Stephen Michetti

Laurie Noonan

Joanne Cameron

Kimberley Conte

Glen Cooper

David Moiler

David Schutz

Anthony Torr

David Danson

Annina Gallagher

Simon Forrest

Carolyn Jones

Louise Jones

David Moiler

Anthony Torr

Annina Gallagher

EVENT MANAGEMENT

Executive General Manager - Sport

Event DirectorJustin Lane0488 002 225Event Services ManagerAngela McLachlan0409 550 127Media & Communications ManagerRyan Miu0401 722 749

Kipp Kaufmann

Technical Director Laurie Norris 0417 550 805

TIMING & RESULTS

Timing and Results Coordinator Neil Hamey 0424 882 728

MEDICAL

Medical Response Ambulance Victoria

Race Doctor (Ballarat OSM) Greg Harris

VICTORIA POLICE

Ballarat Highway Patrol State Highway Patrol Solo Unit

TRAFFIC MANAGEMENT

Altus Traffic





OFFICIAL EVENT PHOTOGRAPHER

Con Chronis

Josh Chadwick

SOCIAL MEDIA

Official Hashtag #RoadNats24

Website www.roadnationals.org.au Facebook @AusCyclingRoadEsports

X/Twitter @AusCycling
Instagram @auscyclingaus
TikTok @auscycling
YouTube @AusCycling

TYPE OF EVENT

The 2024 Federation University Road National Championships is the premier event on the Australian road racing calendar, with riders competing for national recognition. In each event, the first placed rider shall be acknowledged as the National Champion for that discipline.

The event will also feature the VIRTUS World Cup for Athletes with an Intellectual Impairment.

U23 & Elite Women Competitions

U23 Women and Elite Women will race combined for all disciplines (Time Trial, Criterium and Road Race) however will be presented as separate categories. Should an U23 Women competitor finish in the overall top three of the Criterium or Road Race, they will be recognised with both medals and jerseys for the U23 Championship and Elite Championship.

Additional Competitions

In addition to the National Champion of each discipline, the following competitions will be awarded throughout the event:

Sprint Competition - Criteriums and Road Races

- Awarded to U19 Men, U19 Women, U23 Men, U23 & Elite Women (combined competition), and Elite Men only
- More detail provided under the CRITERIUM and ROAD RACE sections below

Most Aggressive Rider Competition - Criteriums and Road Races

- Awarded to U19 Men, U19 Women, U23 Men, U23 & Elite Women (combined competition), and Elite Men only
- More detail provided under the CRITERIUM and ROAD RACE sections below

King of the Mountain (KOM)/Queen of the Mountain (QOM) Competition - Road Races Only

- Awarded to U19 Men, U19 Women, U23 Men, U23 & Elite Women (combined competition), and Elite Men only
- More detail provided under the ROAD RACE section below





PARTICIPATION

U19, Para-Cycling, Masters and Club Team

The U19, Para-Cycling and Club Team competitions are open to members of any national federation.

Elite and U23

The Elite and U23 competitions are closed to international competitors and it is important to be aware of the following criteria that must be met to be eligible to compete in the National Championships:

- Australian citizens and registered with the UCI as Australian, AND;
 - Have not ridden for another country in that national team in the preceding two years
 - Have not contested the national championships of another country in the preceding two years

Elite Men and U23 & Elite Women Additional Criteria

Riders must also have met one of the following criteria:

- Be a current (or have been within the last year) member of a National Road Series Team or UCI Registered Team,
 OR;
- Finished in the top 20 in the previous 3 years in an Elite Road National Championships, OR;
- Finished the U23 Men road race in the past two years or finished the U19 Women road race in the past two years,
 OR:
- Finished in the top 20 in a National Road Series event in the past 2 years.

Wildcard: If you do not meet these requirements please email road@auscycling.org.au prior to entering with your racing accomplishments to receive a confirmation of eligibility.

RIDER REGISTRATION

TIME TRIAL

Wednesday 3rd January

Q Building/Rider Support Parking Area, Mildren Dr, Federation University, Mount Helen 11:00am – 3:10pm

Thursday 4th January

Q Building/Rider Support Parking Area, Mildren Dr, Federation University, Mount Helen 7:00am - 3:45pm

CRITERIUM

Friday 5th January

St Patrick's Cathedral, Lyons St South, Ballarat 1:00pm – 6:00pm

ROAD RACE

Saturday 6th January

Corner of Forrest St & Warrenheip St, Buninyong 6:30am – 12:50pm

Sunday 7th January

Corner of Forrest St & Warrenheip St, Buninyong 6:15am – 12:00pm

Please note the following important information regarding Rider Registration:

- All riders in Criterium and Road Races must sign on prior to the start.
- Radios, Vehicle Stickers, and Convoy Numbers are to be collected the Team Managers Meeting (see Meeting section). One designated person from each team must be responsible for collecting these items.





Riders will be required to hold one of the following:

- A current AusCycling 'Race All Discipline' membership (for all Road Races, Time Trials [U19, U23 and Elite] and Criteriums), OR;
- A current AusCycling 'LifeStyle' or 'Off-Road' membership for all Team Time Trials and Team Criteriums, OR;
- A 2024 UCI Licence

Failure to provide one of the above will result in the rider having to pay to renew their membership at registration.

MEETINGS

TEAM MANAGERS MEETING - TIME TRIAL

Wednesday 3rd January

Federation University (Chancellor Drive/Start Finish Area) 11:00 am – 11:15 am Required: Team Managers

TEAM MANAGERS MEETING - ROAD RACE

Friday 6th January

St Patrick's Cathedral, Lyons St South, Ballarat 12:30 pm - 1:00 pm Required: Team Managers

CONVOY DRIVERS MEETING

Friday 6th January

St Patrick's Cathedral, Lyons St South, Ballarat 1:00 pm - 1:30 pm Required: All Convoy Drivers

PARA-CYCLING CLASSIFICATION

Wednesday 3rd January

Building Q, Federation University 8:30am – 5:30pm Required: Para-cyclists without a National Classification More Information: eliza.smyth@auscycling.org.au

TEAM MANAGER INFORMATION

RADIO COMMUNICATION

The use of radio links or other remote means of communication by or with the riders, as well as the possession of any equipment that can be used in this manner during an event, is prohibited except in the case of Individual Time Trial events.

For Road Races, each approved convoy vehicle will be issued with a radio for communication within the convoy only. Radio distribution will occur at the Road Race Rider Registration marquee. Team radios must be returned to the registration marquee immediately following the completion of the teams' last race. If the team is participating the next day, a spare battery must be collected at registration or on the Sunday morning (or when the team is completed their competition)

Teams will be invoiced for lost or damaged equipment.





RACE CONVOY - ROAD RACES

All vehicles in the race convoy must comply with the following regulations:

- · No other event 'branded' vehicles can be used e.g. Tour Down Under, Cadel Evans Great Ocean Road Race
- Vehicles must be a maximum height of 1.66 meters not including roof bars (unless approved by the PCP)
- Windows on all cars in the race convoy must not be obstructed with decals or marked as to obstruct the view through the vehicle
- All occupants must hold a current AusCycling or UCI membership (except passengers in guest vehicles at the discretion of AusCycling)

All vehicles must travel on the left-hand side of the road, servicing riders while stationary on the left only and allowing for rider circulation on the right-hand side of the road.

All vehicles in the convoy are under the direction of the PCP and Victoria Police at all times and must adhere to the Convoy Code of Conduct (refer to APPENDIX ONE – CONVOY CODE OF CONDUCT).

Vehicle stickers and convoy numbers will be provided at the Team Managers meeting and must be affixed to the convoy vehicle prior to arriving at the race convoy assembly location (vehicle sticker to be affixed along the top of the front windscreen and convoy numbers to be affixed to the front windscreen top passenger side, and one on the rear windscreen – top drivers side, both on the inside facing out). No vehicles will be permitted onto the course without the appropriate stickers and convoy number.

Convoy numbers must be returned to the registration marquee immediately following the completion of the race.

Convoy vehicles must be in place at the convoy assembly location 15 minutes prior to the race start time.

CONVOY DRAWS - ROAD RACES

Teams who have sufficient numbers will be permitted to travel in the convoy and will be notified directly. Convoy orders will be drawn following the Team Managers Meeting. Team and State Teams that are not in attendance during this meeting will forfeit the right to a convoy position. The convoy draws will be conducted as follows:

Elite Men and U23 & Elite Women

Order of Priority for Random Convoy Draw

- · First Priority: UCI and NRS registered teams, with 4 or more entrants
- Second Priority: UCI teams with less than 4 entrants may combine with other UCI or NRS teams to form a minimum of 4 riders
- Third Priority: NRS registered teams with less than 4 entrants may combine with other NRS teams to form a minimum of 6 riders

U23 Men

Order of Priority for Random Convoy Draw

- First Priority: UCI registered teams
- · Second Priority: NRS registered teams
- Third Priority: Nominated state teams (nominated by the State)

U19 Men, U19 Women and Para-Cycling

NRS teams may have a vehicle if servicing more than 3 riders.

State/Territory Team may be approved (1 vehicle) if approved by the State Operations Manger.

This vehicle must service all participants from that state/Territory.

Random draw.





COMPETITOR INFORMATION

PRESENTATIONS

Presentations will be conducted as soon as possible after the finish of each event. All placegetters must present to the podium immediately following their race finish.

Athletes must be presented in their correct attire (race kit) with no hats or sunglasses.

All placegetters must make themselves available for the media as directed by the AusCycling Media Manager.

Participants in the Para-cycling, J19 and Masters Championships are Open events with medals awarded based on placing. The National Champion jersey will be awarded to the top placed Australian rider.

All other events are domestic championships with all placing awarded based on finishing order.

VIRTUS WORLD CUP

The Virtus World Cup will feature as part of the Championships for Athletes with An Intellectual Impairment. All events will be run within the Championships with awards presented for both the Championships and VIRTUS World Cup.

NEUTRAL RACE SUPPORT

Criterium

Shimano Neutral Race Support with spare wheels and a mechanic will be provided at the Pit Area located internal to the course at Armstrong St North during all events excluding the Club Team Criteriums. Teams and individual riders may also provide support at this location.

Road Race

Shimano Neutral Race Support will have 2 cars and 1 motorbike operating in the race convoy for each race (1 car each and 1 motorbike between U19 Men and U19 Women) excluding Para-Cycling.

Neutral Race Support will be providing both Rim Brake Wheels and Disc Brake Wheels. Disc Brake Wheels will be to the following specifications: 100×12 Front and 142×12 Rear, all with 160mm Rotors and 11 speed.

All wheels must be returned immediately at the conclusion of the race to the Shimano Neutral Race Support Vehicles or Pit Area.

TEAM KITS

All NRS and UCI registered team members must wear their full team kit for all events.

OTHER KIT

Participants in the club team event must wear approved club kit or plain kit.

Participants in J19, Para, Masters, U23, Elite (individual) may not wear kit from an NRS or UCI team if they are not registered for the team. Kit which may be deemed offensive or brings the sport into disrepute may not be worn.





Body Number



Left & Right Pockets with one hand width between

Frame Plate



Brake Bridge or Base of Seat Post

Transponder



Low on Front Fork

RACE NUMBERS

Riders will be issued two body numbers, a frame plate and transponder at registration. For road races, they must be fitted as per the below images.

For time trials, riders may use only one body number, center bottom of their back, but must have their transponder fitted as per the below image.

For hand cycle events, riders must display a rear facing and a left side facing number and must have a transponder fitted to their bikes.

Numbers must not be cut, folded or modified in any way.

Transponders must be returned to the registration marquee immediately following the completion of the riders' last race.

Any rider failing to return their transponder will be charged \$100.

RULES & REGULATIONS

The event will be conducted under the rules and regulations of AusCycling and the Union Cycliste Internationale (UCI). The AusCycling & UCI scale of penalties will apply. For more information please refer to the AusCycling website www. auscycling.org.au and UCI website www.uci.org.







TECHNICAL REGULATIONS

INDIVIDUAL TIME TRIALS

Equipment Check: Riders are encouraged to present their equipment for a pre-check. All riders must present themselves and their equipment to the bike check area, located at the time trial start ramp, at least 15 minutes prior to their allotted start time. Once a bike has been checked it must remain in the bike check area - a rider leaving with their bike will need to have their bike re-checked.

At the start, one-minute time gaps shall apply for all riders.

A late starter may not commence from a flying start and it is at the sole discretion of the Starting Official as to when the late starter will be allowed to start. The late starter's time commences from their original start signal. All races are conducted on an out and back course or include a section where riders will be utilising both sides of the road – riders are required to keep left at all times. All courses have a narrow turn-around – riders must use caution.

TIME TRIAL BIKE SET UP

Time Trial – All riders who are between 180cm & 189.9cm and 190cm+ in the Elite and J19 Time Trials must complete the <u>UCI Height Attestation Form</u> and submit to the UCI at least 15 days before the date of the competition. It will assist the rider if these requests are also copied to *road@auscycling.org.au*. Without this, riders will not be able to have any exemption in their saddle or handlebar position

Current list of registered riders: UCI List of Riders between 180cm & 189.9cm & 190cm+

TEAM TIME TRIALS

CLUB TEAM CHAMPIONSHIPS - TEAM TIME TRIAL

The number of riders per team is 3 or 4. Both mixed and gender-based teams are permitted. Bikes will not be required to meet UCI regulations regarding bike measurements and will not be fitted in the measuring jig. However, the use of a front disc wheel or Fairings will not be allowed. Any dispute regarding bike eligibility will be the decision of the PCP.

Entry Regulations

- 1. Clubs may enter as many teams as they would like in each division.
- 2. To be eligible to compete, each rider must hold any current AusCycling 'Race All Disciplines', 'LifeStyle' or 'Off-Road' membership from the club they represent.
- 3. All riders must wear approved club kit or plain kit only.
- 4. Riders may only enter for one team per Championships.
- 5. Combined club teams are not allowed.
- 6. The Open category can include any combination of three riders who hold any current U19, U23, Elite or Masters AusCycling 'Race All Disciplines', 'LifeStyle' or 'Off-Road' membership (U19 being the youngest age category accepted).
- 7. Riders must only enter as part of their primary club unless the primary club is not participating in a specific category where they may then participate with any additional club that they are affiliated with.





Race Procedure

- 1. All riders of each team must present themselves and their equipment to the bike check area, located at the time trial start ramp, 15 minutes prior to their allotted start time. Riders should present no earlier than 15 minutes prior.
- 2. Four-minute start time gaps shall apply for the men's categories, and two-minute start time gaps for all other categories.

Timekeeping

- 1. The finish time will be taken on the third rider to cross the finish line.
- 2. Finishing times will be taken to the nearest one-tenth of a second at least.

Team Conduct During Race

- 1. A team, upon catching another, shall leave a lateral gap of at least 2 metres between them.
- 2. After 1km, the team caught shall ride at least 25 metres away from the other.
- 3. Pushing between teammates is not permitted.

Support Follow Vehicles

- 1. Each team shall be permitted a support follow vehicle.
- 2. Each vehicle must have no more than three occupants (including the driver) and the driver and mechanic must be current AusCycling members (any type) or UCI licence holders (any type).
- 3. Support follow vehicles and occupant details must be provided during Time Trial Rider Registration.
- 4. Follow numbers will be provided at Time Trial Rider Registration and must be affixed to the support follow vehicle prior to arriving at the support follow vehicle assembly location (one follow number to be affixed to the front windscreen top passenger side, and one to the rear windscreen top driver side, both on the inside facing out. No vehicles will be permitted onto the course without the appropriate follow numbers. Follow numbers must be returned to the registration marquee immediately following the completion of the race.
- 5. Support follow vehicles must be in place at the support follow vehicle assembly location 15 minutes prior to their respective riders' start time.
- 6. The vehicle shall follow at least 25 metres behind the last rider of the team and shall never overtake nor draw up level with the last rider. In the case of a breakdown, technical support may be rendered only with the rider and vehicle stationary on the left side of the road.
- 7. The vehicle may not take up position between the team and any rider(s) that has/have dropped behind unless there is a gap of at least 50 metres between. The rider(s) that has/have dropped behind may under no circumstances ride in the slipstream of a vehicle.
- 8. The vehicle of a team that is about to be caught by another team, shall, as soon as the distance between the two teams drops below 100 metres, drop back behind the vehicle of the other team.
- 9. The vehicle following a team that catches another team may not take up position between the teams unless there is a gap of at least 100 metres between them. Should that gap subsequently reduce, the vehicle shall return to its position behind the last rider of the second team.
- 10. Megaphones or loud hailers may be used.
- 11. No occupant of a following vehicle may reach or lean out of the vehicle under any circumstance.

Disqualification

• If one rider in the team is disqualified for any reason, the whole team shall be subsequently disqualified, and the results shall be adjusted appropriately.





CRITERIUM

When a recognised mishap occurs during the race, the riders involved shall be allowed a free lap on which to resume their position in the race, at the moment of the mishap. Riders who have been allowed free laps shall not be penalised in the final classification.

A rider who is ineligible for a free lap is responsible to make up any lost ground. The penalty for fraudulent use of the free lap rule may include disqualification or suspension.

No free laps shall be permitted in the last five laps of the race and any rider having taken a lap out must be back in the race before five laps to go.

SPRINT COMPETITION

Intermediate sprints will take place during the criteriums for U19 Men, U19 Women, U23 Men, U23 & Elite Women (combined competition), and Elite Men only, with points awarded to the first three place getters contributing toward an overall Sprint Competition winner.

The Intermediate Sprint Point will be at the Start/Finish Line.

Intermediate Sprints

U19 Men

14 Laps to Go / 7 Laps to Go / Race Finish

U19 Women

10 Laps to Go / 5 Laps to Go / Race Finish

U23 Men and U23 & Elite Women

20 Laps to Go / 10 Laps to Go / Race Finish

Elite Men

30 Laps to Go / 20 Laps to Go / 10 Laps to Go / Race Finish

Sprint Points are awarded as follows:

1st 3 Points2nd 2 Points3rd 1 Point

In the event of a tie in the overall placings of the Sprint Competition, a count back on the number of 1st, 2nd and 3rd places that were collected during the race will be used to decide the winner. If a tie still exists, then riders' final race placings will decide the winner.

In order to be eligible in the overall placings of the Sprint Competition, competitors must complete the full distance of the Criterium.

MOST AGGRESSIVE RIDER COMPETITION

The Race Director, at their sole discretion, will determine a Most Aggressive Rider for each criterium for U19 Men, U19 Women, U23 Men, U23 & Elite Women (combined competition), and Elite Men only.





ROAD RACE

KING OF THE MOUNTAIN (KOM)/QUEEN OF THE MOUNTAIN (QOM) COMPETITION

Intermediate KOM/QOM sprints will take place during the road races for U19 Men, U19 Women, U23 Men, U23 & Elite Women (combined competition) and Elite Men only, with points awarded to the first three place getters contributing toward an overall KOM/QOM Competition winner.

The KOM/QOM Point will be at the Hill Climb Finish on Mt Buninyong Rd.

KOM/QOM Sprints

KOM/QOM Sprints are on all laps at the KOM/QOM point excluding the first lap KOM/QOM Points are awarded as follows:

1st 3 Points2nd 2 Points3rd 1 Point

In the event of a tie in the overall placings of the KOM/QOM Competition, a count back on the number of 1st, 2nd and 3rd places that were collected during the race will be used to decide the winner. If a tie still exists, then riders' final race placings will decide the winner.

In order to be eligible in the overall placings of the KOM/QOM Competition, competitors must complete the full distance of the Road Race.

SPRINT COMPETITION

Intermediate sprints will take place during the Road Races for U19 Men, U19 Women, U23 Men, U23 & Elite Women (combined competition), and Elite Men only, with points awarded to the first three place getters contributing toward an overall Sprint Competition winner. The Intermediate Sprint Point will be at the Start/Finish Line.

Intermediate Sprints

U19 Men

7 Laps to Go / 3 Laps to Go / Race Finish

U19 Women

5 Laps to Go / 3 Laps to Go / Race Finish

U23 Men

10 Laps to Go / 5 Laps to Go / Race Finish

U23 & Elite Women

7 Laps to Go / 3 Laps to Go / Race Finish

Elite Men

12 Laps to Go / 6 Laps to Go / Final Lap

Sprint Points are awarded as follows:

1st 3 Points2nd 2 Points3rd 1 Point

In the event of a tie in the overall placings of the Sprint Competition, a count back on the number of 1st, 2nd and 3rd places that were collected during the race will be used to decide the winner. If a tie still exists, then riders' final race placings will decide the winner. In order to be eligible in the overall placings of the Sprint Competition, competitors must complete the full distance of the Road Race.





FEED ZONE

A designated Feed Zone will be located on Midland Hwy, on the left side along the uphill section. The Feed Zone will be appropriately signed.

Feeding is only permitted at this Feed Zone by a support person who shall hand up bidons or food. Only cycling specific musettes may be used. Plastic bags are not permitted.

Vehicles are not permitted within the fenced area of the Feed Zone.

For each category, the Feed Zone will open after the riders have completed 3 laps and will then remain open until the start of the final lap. No feeding is permitted from the Feed Zone in the final lap. Feed from Cars is not permitted.

For safety reasons, people are not permitted to stand on the right hand side of the Feed Zone among the Water Fill Barriers.

LITTER ZONE

A designated Litter Zone will be located on Yankee Flat Rd at Wirreanda Dr. Please use this area to discard bidons and other litter. The Litter Zone will be appropriately signed. Bidons and other litter can also be discarded within the Feed Zone.

Riders must not discard bidons or litter in any other area of the course. Riders must take responsibility for their own litter and return it to the team vehicle or retain it until the Litter Zone or Feed Zone on the following lap. Riders found to be littering outside of the Litter Zone or Feed Zone will be fined in accordance with local laws and penalised under the AC/UCI scale of penalties. This may include large fines, loss of UCI ranking points and disqualification.

TOILET ZONE

A designated Toilet Zone for the road race course will be located on Gear Avenue after Mt Helen Dr. The Toilet Zone can be used by both riders and convoy occupants. The Toilet Zone will be appropriately signed.

Riders are strongly encouraged to use the Toilet Zone; Any public urination without discretion will result in a fine issued by the Commissaires' Panel.

TIME LIMIT

A maximum time deficit of 10 minutes will be applied, however riders who are deemed as being no longer competitive may be withdrawn earlier to free up event resources.

GENERAL

ROAD CLOSURES

All races are conducted under a full road closure. However, there will be escorted local traffic and race vehicles using the roads. All riders must respect and obey the direction of Victoria Police, Traffic Controllers, Event Staff, Officials and Volunteers.

COURSE ACCESS

It is important for the safety of all events that riders must not be on the race courses warming up, cooling down or travelling to and from the start/finish line. Alternative paths and roads are available and must be used. All road closures apply to riders whilst they are not competing in their respective event. Again, all riders must respect and obey the direction of Victoria Police, Traffic Controllers, Event Staff, Officials and Volunteers.

MEDICAL

Each event will always have a Race Doctor and Paramedic personnel present. During the Road Races, the Race Doctor will be present in the Race Doctor Vehicle within or near the race convoy whilst the Paramedic personnel will be in the EMSA Race Ambulance.





For the Criterium and Time Trial events, both the Race Doctor and Paramedic personnel will be stationary but with immediate access to the course.

If there is an incident, the medical staff can be reached over the two-way radio communications.

In the case of a serious emergency, please call '000'.

Hospital

Ballarat Base Hospital – Ballarat Health Services

1 Drummond Street North,

Ballarat VIC 3350

(03) 5320 4000

ANTI-DOPING CONTROL

Anti-Doping Testing will be conducted at this event. It is the responsibility of the rider to ensure they are not required for testing prior to their departure post-race. Riders must make themselves available to Sport Integrity Australia if requested.

Anti-Doping facilities will be located at the following locations for each event:

- Criterium: St Patrick's Cathedral, Lyons St South, Ballarat
- Road Race: Crown Hotel Carpark, Buninyong
- Time Trial: Q Building, University Dr, Federation University, Mt Helen

Please see an event official or staff member for assistance on accessing these locations.

Therapeutic Use Exemption (TUE)

A TUE is an exemption that allows an athlete to use, for therapeutic purposes only, an otherwise prohibited substance or method (of administering a substance). TUE approval may protect athletes from receiving a sanction if a prohibited substance is found in their sample.

Who needs to complete a TUE in-advance for Cycling?

Athletes who are:

- · Competing in the Elite and U23 categories
- · A member of the Registered Testing Pool, National Testing Pool or Domestic Testing Pool
- A member of a national open team/squad including athletes with a disability planning to compete at the Elite National Championships

If you are currently taking any medication, please check whether this substance is banned in or out of competition via www.globaldro.com/AU/search

Further information on the TUE process can be found on the Sport Integrity Australia (SIA) website https://www.sportintegrity.gov.au/resources/therapeutic-use-exemption or by calling 1300 027 23.

Sport Integrity Australia App

Any athlete and official can download the SIA app. The SIA App has been designed with athletes in mind. The App gives a complete list of all supplements sold in Australia that have been screened for prohibited substances by an independent laboratory. The testing and certification of sports supplements cannot provide athletes a 100% safety guarantee but does significantly lower the risk of a positive test. For non-tested supplements the App gives athletes access to a quiz to assess the risk posed by highlighting key risk factors.

The App can also be used to report doping, check if a medication is banned in sport, give SIA feedback on testing missions, and complete online education modules.







SECTIONS VENUE & COURSE DETAILS

TIME TRIAL

EVENT DETAILS

Days: Wednesday 3rd January & Thursday 4th January

DISTANCE & START TIMES - WEDNESDAY

Category	Distance	Race Start
Master Women's MAS 10 - 5 Men's MAS 10 - 5 Women's MAS 4 - 1 Men's MAS 4 - 1	18.8 km (1 Lap) Yellow Course	From 12 Noon
Men - U19 Women - U19	18.8 km (1 Lap) Yellow Course	

DISTANCE & START TIMES - THURSDAY

Category	Distance	Race Start
Women - H1-2 Men - H1-2	16.9km (1 Lap) Yellow Course* Alternate Start	From 8:00 am
Women - H3-5 Women - T1-2 Men - T1-2 Intellectually Impaired Women - C1-3	18.8 km (1 Lap) Yellow Course	
Men - H3-5 Women - C4-5 Men - C1-3	18.8 km (1 Lap) Yellow Course	
Women – WB Deaf Transplant	18.8 km (1 Lap) Yellow Course	
Men - MB Men - C4-5	28.6 km (2 Laps) Pink Course	
Club Teams Time Trial	32.4 km (2 Laps) Red Course	
Men - U23	28.6 km (2 Laps) Pink Course	
Women - U23 & Elite	28.6 km (2 Laps) Pink Course	
Men - Elite	37.5 km (2 Laps) Yellow Course	





Start/Finish Location: Chancellor Drive (off University Drive), Federation University, Mount Helen

Bike Check: 15 minutes prior to riders start time. Bike check will occur at the time

trial start ramp. Once a bike has been checked it must remain in the bike check area - a rider leaving with their bike will need to have their bike

re-checked.

Follow Vehicle Assembly Time: 15 minutes prior to riders start time

Follow Vehicle Assembly Location: University Drive, at North Terrace. Enter from Rider Support Parking

(as mentioned below under Parking)

Follow Vehicle Deviation: Continue in Left Lane at lap split point along University Drive,

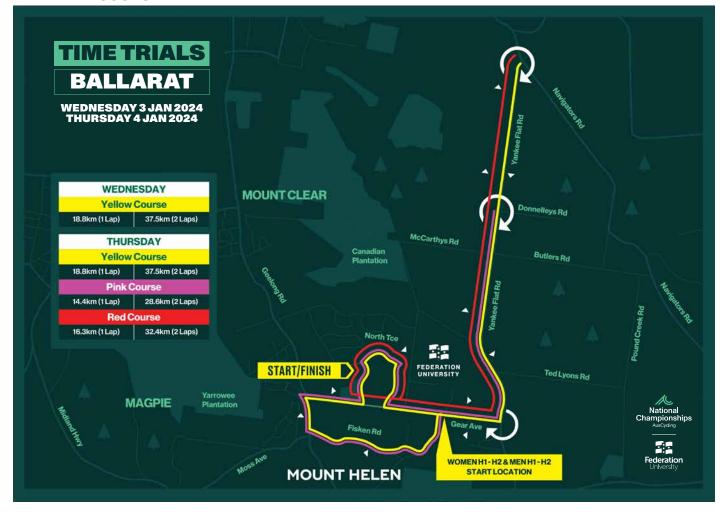
continuing past Start/Finish area and North Terrace

Rider Support Parking: Carpark Number 5 (Mildren Drive), off University Drive, Federation

University, Mount Helen. Entry only via University Drive from Geelong

Rd (C294) – Strictly No Access from Gear Ave.

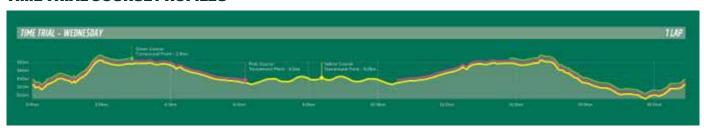
TIME TRIAL COURSE MAP

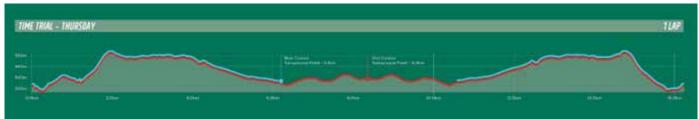






TIME TRIAL COURSE PROFILES





TIME TRIAL COURSE MOCKA - YELLOW COURSE (18.8KM 1 LAP / 37.5KM 2 LAPS)

0.0 18.8 START Chancellor Dr, Federation University, Mount Helen 0.1 18.7 RIGHT University Dr 0.1 18.7 Traffic Island Traffic Island - Keep Right First Lap / Keep Left Last Lap 0.1 18.7 Pedestrian Crossing Pedestrian Crossing (Zebra) 0.3 18.5 Traffic Island Traffic Island - Keep Right First Lap / Keep Left Last Lap 0.3 18.5 RIGHT North Tce Sign Obscured End 2 Lane Split 0.4 18.4 Speed Hump Speed Hump - Caution Pedestrian Crossing (Zebra) 0.5 18.3 Speed Hump Speed Hump - Caution 0.5 18.3 Overhead Bridge Overhead Bridge - 3.2m Clearance 0.7 18.1 RIGHT East Tce 1.2 17.6 LEFT Gear Av No Sign 2.0 16.8 Pass Fisken Rd Begin 2 Directional Split 2.0 16.8 Pass Fonnelleys Rd No Sign 8.3 10.5 U-TURN Yankee Flat Rd just prior to Navigators Rd Prior to Traffic Island	KM	To Go	Action	Detail	Comments
0.1 18.7 Traffic Island Traffic Island - Keep Right First Lap / Keep Left Last Lap 0.1 18.7 Pedestrian Crossing Pedestrian Crossing (Zebra) 0.3 18.5 Traffic Island Traffic Island - Keep Right First Lap / Keep Left Last Lap 0.3 18.5 RIGHT North Tce Sign Obscured End 2 Lane Split 0.4 18.4 Speed Hump Speed Hump - Caution Pedestrian Crossing (Zebra) 0.5 18.3 Speed Hump Speed Hump - Caution 0.5 18.3 Overhead Bridge Overhead Bridge - 3.2m Clearance 0.7 18.1 RIGHT East Tce 1.2 17.6 LEFT Gear Av No Sign 2.0 16.8 Pass Fisken Rd Begin 2 Directional Split 2.0 16.8 Para Cycling H1-H2 Start Line No Sign 3.0 15.8 LEFT Yankee Flat Rd No Sign 8.3 10.5 U-TURN Yankee Flat Rd just prior to Navigators Rd Prior to Traffic Island 8.3 10.5 18.8km & 37.5km TURN AROUND Yankee Flat Rd, Wa	0.0	18.8		Chancellor Dr, Federation University,	
No Sign No Sign	0.1	18.7	RIGHT	University Dr	
0.3 18.5 Traffic Island Traffic Island - Keep Right First Lap / Keep Left Last Lap 0.3 18.5 RIGHT North Tce Sign Obscured End 2 Lane Split 0.4 18.4 Speed Hump Speed Hump - Caution Pedestrian Crossing (Zebra) 0.5 18.3 Speed Hump Speed Hump - Caution 0.5 18.3 Overhead Bridge Overhead Bridge - 3.2m Clearance 0.7 18.1 RIGHT East Tce 1.2 17.6 LEFT Gear Av No Sign 2.0 16.8 Pass Fisken Rd Begin 2 Directional Split 2.0 16.8 Para Cycling H1-H2 Start Line Traffic Island - Caution 3.0 15.8 LEFT Yankee Flat Rd No Sign 8.3 10.5 U-TURN Yankee Flat Rd just prior to Navigators Rd Prior to Traffic Island 8.3 10.5 18.8km & 37.5km TURN AROUND Yankee Flat Rd, Warrenheip At Donnelleys Rd	0.1	18.7		Traffic Island	, , ,
North Tce	0.1	18.7		Pedestrian Crossing	Pedestrian Crossing (Zebra)
End 2 Lane Split 0.4 18.4 Speed Hump Speed Hump - Caution Pedestrian Crossing (Zebra) 0.5 18.3 Speed Hump Overhead Bridge Overhead Bridge Overhead Bridge - 3.2m Clearance 18.1 RIGHT East Tce 1.2 17.6 LEFT Gear Av No Sign 2.0 16.8 Pass Fisken Rd Begin 2 Directional Split 2.0 16.8 Para Cycling H1-H2 Start Line 3.0 15.8 LEFT Yankee Flat Rd Traffic Island - Caution 6.1 12.7 Pass Donnelleys Rd No Sign 8.3 10.5 U-TURN Yankee Flat Rd just prior to Navigators Rd 18.8km & 37.5km TURN AROUND Yankee Flat Rd, Warrenheip 10.5 8.3 Pass 14.4km & 28.6km TURN AROUND At Donnelleys Rd	0.3	18.5		Traffic Island	
Pedestrian Crossing (Zebra)	0.3	18.5	RIGHT	North Tce	
0.518.3Overhead BridgeOverhead Bridge - 3.2m Clearance0.718.1RIGHTEast Tce1.217.6LEFTGear AvNo Sign2.016.8PassFisken RdBegin 2 Directional Split2.016.8Para Cycling H1-H2 Start Line3.015.8LEFTYankee Flat RdTraffic Island - Caution6.112.7PassDonnelleys RdNo Sign8.310.5U-TURNYankee Flat Rd just prior to Navigators RdPrior to Traffic Island8.310.518.8km & 37.5km TURN AROUND Yankee Flat Rd, WarrenheipAt Donnelleys Rd10.58.3Pass14.4km & 28.6km TURN AROUNDAt Donnelleys Rd	0.4	18.4		Speed Hump	•
0.7 18.1 RIGHT East Tce 1.2 17.6 LEFT Gear Av No Sign 2.0 16.8 Pass Fisken Rd Begin 2 Directional Split 2.0 16.8 Para Cycling H1-H2 Start Line 3.0 15.8 LEFT Yankee Flat Rd Traffic Island - Caution 6.1 12.7 Pass Donnelleys Rd No Sign 8.3 10.5 U-TURN Yankee Flat Rd just prior to Navigators Rd Prior to Traffic Island 8.3 10.5 18.8km & 37.5km TURN AROUND Yankee Flat Rd, Warrenheip At Donnelleys Rd	0.5	18.3		Speed Hump	Speed Hump - Caution
1.2 17.6 LEFT Gear Av No Sign 2.0 16.8 Pass Fisken Rd Begin 2 Directional Split 2.0 16.8 Para Cycling H1-H2 Start Line 3.0 15.8 LEFT Yankee Flat Rd Traffic Island - Caution 6.1 12.7 Pass Donnelleys Rd No Sign 8.3 10.5 U-TURN Yankee Flat Rd just prior to Navigators Rd 8.3 10.5 18.8km & 37.5km TURN AROUND Yankee Flat Rd, Warrenheip 10.5 8.3 Pass 14.4km & 28.6km TURN AROUND At Donnelleys Rd	0.5	18.3		Overhead Bridge	Overhead Bridge - 3.2m Clearance
2.0 16.8 Pass Fisken Rd Begin 2 Directional Split 2.0 16.8 Para Cycling H1-H2 Start Line 3.0 15.8 LEFT Yankee Flat Rd Traffic Island - Caution 6.1 12.7 Pass Donnelleys Rd No Sign 8.3 10.5 U-TURN Yankee Flat Rd just prior to Navigators Rd Prior to Traffic Island 8.3 10.5 18.8km & 37.5km TURN AROUND Yankee Flat Rd, Warrenheip 10.5 8.3 Pass 14.4km & 28.6km TURN AROUND At Donnelleys Rd	0.7	18.1	RIGHT	East Tce	
2.0 16.8 Para Cycling H1-H2 Start Line 3.0 15.8 LEFT Yankee Flat Rd Traffic Island - Caution 6.1 12.7 Pass Donnelleys Rd No Sign 8.3 10.5 U-TURN Yankee Flat Rd just prior to Navigators Rd Prior to Traffic Island 8.3 10.5 18.8km & 37.5km TURN AROUND Yankee Flat Rd, Warrenheip 10.5 8.3 Pass 14.4km & 28.6km TURN AROUND At Donnelleys Rd	1.2	17.6	LEFT	Gear Av	No Sign
3.0 15.8 LEFT Yankee Flat Rd Traffic Island - Caution 6.1 12.7 Pass Donnelleys Rd No Sign 8.3 10.5 U-TURN Yankee Flat Rd just prior to Navigators Rd Prior to Traffic Island 8.3 10.5 18.8km & 37.5km TURN AROUND Yankee Flat Rd, Warrenheip 10.5 8.3 Pass 14.4km & 28.6km TURN AROUND At Donnelleys Rd	2.0	16.8	Pass	Fisken Rd	Begin 2 Directional Split
6.1 12.7 Pass Donnelleys Rd No Sign 8.3 10.5 U-TURN Yankee Flat Rd just prior to Navigators Rd 8.3 10.5 18.8km & 37.5km TURN AROUND Yankee Flat Rd, Warrenheip 10.5 8.3 Pass 14.4km & 28.6km TURN AROUND At Donnelleys Rd	2.0	16.8		Para Cycling H1-H2 Start Line	
 8.3 10.5 U-TURN Yankee Flat Rd just prior to Navigators Rd Prior to Traffic Island 8.3 10.5 18.8km & 37.5km TURN AROUND Yankee Flat Rd, Warrenheip 10.5 8.3 Pass 14.4km & 28.6km TURN AROUND At Donnelleys Rd 	3.0	15.8	LEFT	Yankee Flat Rd	Traffic Island - Caution
8.3 10.5 18.8km & 37.5km TURN AROUND Yankee Flat Rd, Warrenheip 10.5 8.3 Pass 14.4km & 28.6km TURN AROUND At Donnelleys Rd	6.1	12.7	Pass	Donnelleys Rd	No Sign
Yankee Flat Rd, Warrenheip 10.5 8.3 Pass 14.4km & 28.6km TURN AROUND At Donnelleys Rd	8.3	10.5	U-TURN	Yankee Flat Rd just prior to Navigators Rd	Prior to Traffic Island
	8.3	10.5			
10.5 8.3 Pass Donnellevs Rd No Sign	10.5	8.3	Pass	14.4km & 28.6km TURN AROUND	At Donnelleys Rd
	10.5	8.3	Pass	Donnelleys Rd	No Sign
13.7 S.1 RIGHT Gear Av Traffic Island – Caution (Stay Left) No Sign / To Federation University	13.7	5.1	RIGHT	Gear Av	
14.6 4.2 LEFT Fisken Rd End 2 Directional Split	14.6	4.2	LEFT	Fisken Rd	End 2 Directional Split



14.8	4.0		Descent	Descent - Caution
17.0	1.8	RIGHT	Geelong Rd (C294)	No Sign
17.5	1.3	RIGHT	Gear Av	Traffic Island - Caution
18.4	0.4	LEFT	University Dr	Traffic Island - Caution To Federation University
18.5	0.3		Speed Hump	
18.6	0.2		SECOND LAP / FINAL LAP SPLIT Final Lap Keep Right University Dr, Mount Helen	Follow Car Deviation - Keep Left - Continue Straight past Chancellor Dr and North Tce Begin 2 Lane Split
18.6	0.2		Traffic Island	Traffic Island - Keep Left First Lap / Keep Right Final Lap
18.6	0.2		Traffic Island	Traffic Island - Keep Left First Lap / Keep Right Final Lap
18.7	0.1		Traffic Island	Traffic Island - Keep Left First Lap / Keep Right Final Lap
18.7	0.1		37.5km BEGIN SECOND LAP	Pass Chancellor Dr
18.7	0.1	RIGHT	Chancellor Dr	
18.8	0.0		FINISH Chancellor Dr, Federation University, Mount Helen	

TIME TRIAL COURSE MOCKA - RED COURSE (16.3KM 1 LAP / 32.4KM 2 LAPS)

KM	To Go	Action	Detail	Comments
0.0	16.3		START Chancellor Dr, Federation University, Mount Helen	
0.1	16.2	RIGHT	University Dr	
0.1	16.2		Traffic Island	Traffic Island - Keep Right First Lap / Keep Left Last Laps
0.1	16.2		Pedestrian Crossing	Pedestrian Crossing (Zebra)
0.3	16.0		Traffic Island	Traffic Island - Keep Right First Lap / Keep Left Last Laps
0.3	16.0	RIGHT	North Tce	End 2 Lane Split Sign Obscured
0.4	15.9		Speed Hump	Speed Hump – Caution Pedestrian Crossing (Zebra)
0.5	15.8		Speed Hump	Speed Hump - Caution
0.5	15.8		Overhead Bridge	Overhead Bridge - 3.2m Clearance
0.7	15.6	RIGHT	East Tce	
1.2	15.1	LEFT	Gear Av	No Sign Begin 2 Directional Split
3.0	13.3	LEFT	Yankee Flat Rd	Traffic Island - Caution
6.1	10.2	Pass	Donnelleys Rd	No Sign
8.3	8.0	U-TURN	Yankee Flat Rd just prior to Navigators Rd	Prior to Traffic Island
8.3	8.0		16.3km & 32.4km TURN AROUND Yankee Flat Rd, Warrenheip	
10.5	5.8	Pass	Donnelleys Rd	No Sign





13.7	2.6	RIGHT	Gear Av	Caution – Stay Left Traffic Island No Sign To Federation University
15.6	0.7	Pass	East Tce	Caution - End 2 Directional Split To Federation University
15.9	0.4	RIGHT	University Dr	Fast Corner – Caution Traffic Island – Caution To Federation University
16.0	0.3		Speed Hump	Speed Hump - Caution
16.1	0.2		SECOND LAP / FINAL LAP SPLIT First Lap Keep Left / Final Lap Keep Right University Dr, Mount Helen	Follow Car Deviation - Keep Left - Continue Straight past Chancellor Dr and North Tce Begin 2 Lane Split
16.1	0.2		Traffic Island	Traffic Island - Keep Left First Lap / Keep Right Final Lap
16.1	0.2		Traffic Island	Traffic Island - Keep Left First Lap / Keep Right Final Lap
16.2	0.1		Traffic Island	Traffic Island - Keep Left First Lap / Keep Right Final Lap
16.2	0.1		32.4km BEGIN SECOND LAP	Pass Chancellor Dr
16.2	0.1	RIGHT	Chancellor Dr	
16.3	0.0		FINISH Chancellor Dr, Federation University, Mount Helen	

TIME TRIAL COURSE MOCKA - PINK COURSE (14.4KM 1 LAP / 28.6KM 2 LAPS)

KM	To Go	Action	Detail	Comments
0.0	14.4		START Chancellor Dr, Federation University, Mount Helen	
0.1	14.3	RIGHT	University Dr	
0.1	14.3		Traffic Island	Traffic Island - Keep Right First Lap / Keep Left Last Lap
0.1	14.3		Pedestrian Crossing	Pedestrian Crossing (Zebra)
0.3	14.1		Traffic Island	Traffic Island - Keep Right First Lap / Keep Left Last Lap
0.3	14.1	RIGHT	North Tce	Sign Obscured End 2 Lane Split
0.4	14.0		Speed Hump	Speed Hump – Caution Pedestrian Crossing (Zebra)
0.5	13.9		Speed Hump	Speed Hump - Caution
0.5	13.9		Overhead Bridge	Overhead Bridge - 3.2m Clearance
0.7	13.7	RIGHT	East Tce	
1.2	13.2	LEFT	Gear Av	No Sign
2.0	12.4	Pass	Fisken Rd	Begin 2 Directional Split
3.0	11.4	LEFT	Yankee Flat Rd	Traffic Island - Caution

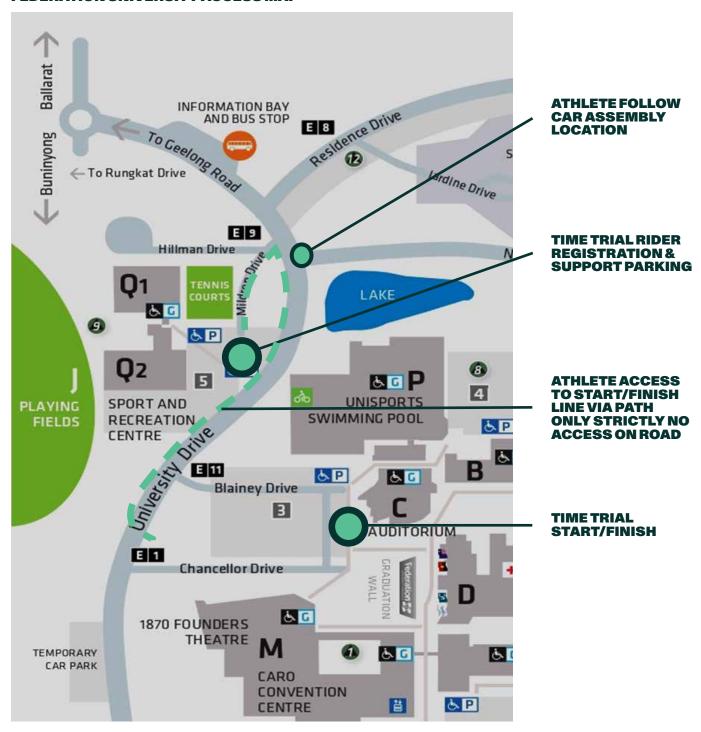




6.1	8.3	U-TURN	Donnelleys Rd	
6.1	8.3		14.4km & 28.6km TURN AROUND Donnelleys Rd, Navigators	
9.3	5.1	RIGHT	Gear Av	Caution - Stay Left Traffic Island No Sign / To Federation University
10.2	4.2	LEFT	Fisken Rd	End 2 Directional Split
10.4	4.0		Descent	Descent - Caution
12.6	1.8	RIGHT	Geelong Rd (C294)	No Sign
13.1	1.3	RIGHT	Gear Av	Traffic Island - Caution
14.0	0.4	LEFT	University Dr	Traffic Island - Caution To Federation University
14.1	0.3		Speed Hump	
14.2	0.2		SECOND LAP / FINAL LAP SPLIT Final Lap Keep Right University Dr, Mount Helen	Follow Car Deviation - Keep Left - Continue Straight past Chancellor Dr and North Tce Begin 2 Lane Split
14.2	0.2		Traffic Island	Traffic Island - Keep Left First Lap / Keep Right Final Lap
14.2	0.2		Traffic Island	Traffic Island - Keep Left First Lap / Keep Right Final Lap
14.3	0.1		Traffic Island	Traffic Island - Keep Left First Lap / Keep Right Final Lap
14.3	0.1		28.6km BEGIN SECOND LAP	Pass Chancellor Dr
14.3	0.1	RIGHT	Chancellor Dr	
14.4	0.0		FINISH Chancellor Dr, Federation University, Mount Helen	



FEDERATION UNIVERSITY ACCESS MAP







CRITERIUM

EVENT DETAILS

Days: Friday 5th January

DISTANCE & START TIMES - FRIDAY

Category	Distance	Race Start
Club Team Criterium	13.2 km (12 Laps) 1.1 km Course	2:45pm
Women – U19	16.5 km (15 Laps) 1.1 km Course	3:30pm
Men – U19	22 km (20 Laps) 1.1 km Course	4:00pm
Men - U23	33 km (30 Laps) 1.1 km Course	4:40pm
Women – U23 & Elite	33 km (30 Laps) 1.1 km Course	5:30pm
Men – Elite	44 km (40 Laps) 1.1 km Course	6:30pm

Start/Finish Location: Sturt St, at Dawson St South, Ballarat

Rider Assembly:Riders must not enter the course until instructed by Commissaires and

may then ride the course until stopped by the Commissaire to assemble

for the start.

Sign on: From 60 minutes before start. Sign on will occur at the Start/Finish Line

Sprints: All details can be found in Section 3 - Technical Regulations - Criterium

Neutral Support: All details can be found in Section 2 - Event Details -

Competitor Information

Rider Support Parking: Lyons Street South, between Sturt St and Dana St. Enter from Dana St

CRITERIUM COURSE MOCKA

KM	To Go	Action	Detail	Comments
0.0	1.1		START Sturt St (Westbound Side) (at Dawson St Sth), Ballarat	
0.1	1.0	RIGHT	Lyons St (through Sturt St Median Strip)	U-Turn – Caution Traffic Island - Keep Right Speed Hump - Caution
0.1	1.0	RIGHT	Sturt St (C805) (Eastbound Side)	
0.7	0.4	RIGHT	Lydiard St (through Sturt St Median Strip)	Fast Corner – Caution U-Turn – Caution Traffic Island - Keep Left
0.7	0.4	RIGHT	Sturt St (C805) (Westbound Side)	
1.1	0.0		FINISH Sturt St (Westbound Side) (at Dawson St Sth), Ballarat	





CRITERIUM COURSE MAP





ROAD RACE

EVENT DETAILS

Days: Saturday 6th & Sunday 7th January

DISTANCE & START TIMES - SATURDAY

Category	Distance	Race Start
Women - U19	81.2 km (7 Laps)	7:15am
Men - U19	104.4 km (9 Laps)	9:50am
Men - U23	139.2 km (12 Laps)	1:20pm
Support Event Gran Fondo Australia Road Race	58 km (5 Laps)	5:15pm

DISTANCE & START TIMES - SUNDAY

Category	Distance	Race Start
Men - C3 Men - C4-5	51 km (5 Laps) 61.2 km (6 Laps)	7:00am
Men – MB Women – WB	51 km (5 Laps) 40.8 km (4 Laps)	7:02am
Women – C1-2 Women – C3 Women – C4-5 Men – C1-2	30.6 km (3 Laps) 40.8 km (4 Laps) 51 km (5 Laps) 40.8 km (4 Laps)	7:04am
Men – H3-5 Men – Intellectually Impaired Women – Intellectually Impaired Deaf Transplant	40.8 km (4 Laps) 40.8 km (4 Laps) 30.6 km (3 Laps)	7:06am
Men – T1-2 Women – T2	20.4 km (2 Laps) 20.4 km (2 Laps)	7:08am
Women – H1 Men – H1 Women – H4	10.2 km (1 Lap) 10.2 km (1 Lap) 20.4 km (2 Laps)	7:10am
Women - U23 & Elite	104.4 km (9 Laps)	9:20am
Men - Elite	185.6 km(16 Laps)	1:00pm

Start/Finish Location: Warrenheip St, at Forest St, Buninyong

Rider Assembly:

Riders must assemble on Eyre St 20 minutes prior to their race to enter

the course at this location following the conclusion of the previous race.

Sign on: From 60 minutes until 15 minutes before start. Sign on will occur in Forest

Street; adjacent to the BP service station and Start/Finish Line.

Convoy Assembly Time: 15 minutes prior to race start

Convoy Assembly Location: Palmerston St, between Warrenheip St and Inglis St. Enter from Inglis St

Vehicle Access:Two crossing points across the course are available for access into

Palmerston Street whilst racing is in progress:

Barkley Street

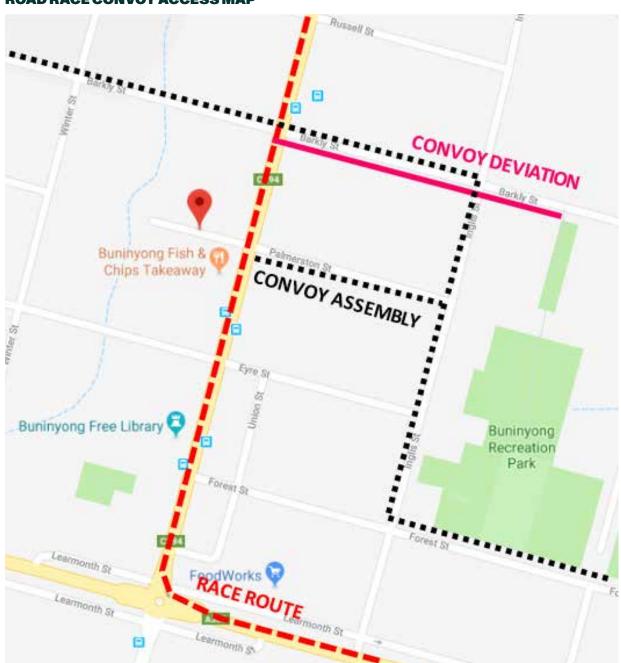
Cornish Street

Convoy Deviation: Left turn into Barkly St at 400m to go





ROAD RACE CONVOY ACCESS MAP



Sprints, KOM/QOM & Feed Zone:

Rider Support Parking:

Important Note:

All details can be found in Section 3 - Technical Regulations - Road Race

Forest St, between Inglis St and Fisken St. Enter from Inglis St. **Strictly No Parking** allowed on Forest St between Warrenheip St and Inglis St.

Road closures will be in place prior to the event, however parking is still accessible via detour routes (as mentioned above under Convoy Assembly Location). Please allow sufficient travel time in order to accommodate this.

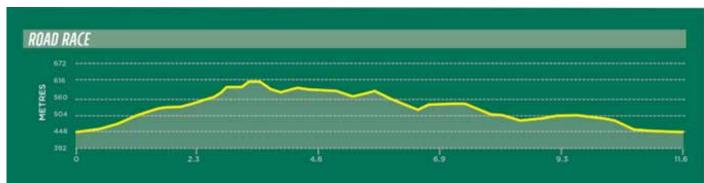




ROAD RACE COURSE MAP



ROAD RACE COURSE PROFILE





ROAD RACE COURSE MOCKA

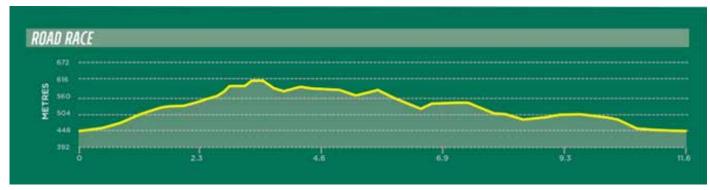
KM	To Go	Action	Detail	Comments
0.0	11.6		START Warrenheip St, Buninyong	At Forest St
0.1	11.5	LEFT	Midland Hwy (A300) (Learmonth St)	Roundabout - Keep Left (1st Exit) To Meredith / Geelong
0.9	10.7		FEED & TECH ZONE START Midland Hwy (A300), Buninyong	
1.4	10.2		FEED & TECH ZONE FINISH Midland Hwy (A300), Buninyong	
1.6	10.0	LEFT	Mt Buninyong Rd	
2.0	9.6		HILL CLIMB START Mt Buninyong Rd, Buninyong	
2.9	8.7		HILL CLIMB FINISH Mt Buninyong Rd, Buninyong	
3.1	8.5	LEFT	Yendon No. 1 Rd	No Sign / To Yendon (5)
3.6	8.0	LEFT	Yankee Flat Rd	To Federation University
3.9	7.7		LITTER ZONE START Yankee Flat Rd, Buninyong	
4.1	7.5		LITTER ZONE FINISH Yankee Flat Rd, Mount Helen	
4.8	6.8	LEFT	Gear Av	Traffic Island - Caution / Keep Left No Sign / To Federation Uni
5.3	6.3		ATHLETE TOILET ZONE Gear Av, Mount Helen	
6.6	5.0	RIGHT	East Tce	Fast Corner – Caution To Federation University
7.3	4.3	LEFT	Residence Dr	
7.5	4.1		Speed Hump	Speed Hump - Caution
7.7	3.9		Speed Hump	Speed Hump - Caution
7.9	3.7		Speed Hump	Speed Hump - Caution
7.9	3.7	RIGHT	University Dr	
8.0	3.6		Speed Hump	Speed Hump - Caution
8.4	3.2		Traffic Island	Traffic Island - Caution / Keep Left
8.5	3.1	LEFT	Enterprise Gr	Roundabout - Caution / Keep Left (1st Exit) No Sign
8.6	3.0		Traffic Island	Traffic Island - Caution / Split
8.9	2.7	LEFT	Wetlands Dr	Sign Wrong Direction
9.0	2.6	RIGHT	Gear Av	Traffic Island - Caution / Keep Right No Sign
9.1	2.5	LEFT	Geelong Rd (C294)	Traffic Island - Caution / Keep Left
11.1	0.5	Continue	Geelong Rd becomes Warrenheip St (C294)	
11.6	0.0		FINISH Warrenheip St, Buninyong	At Forest St



PARA-CYCLING ROAD RACE COURSE MAP



PARA-CYCLING ROAD RACE COURSE PROFILE





PARA-CYCLING ROAD RACE COURSE MOCKA

KM	To Go	Action	Detail	Comments
0.0	10.2		START Warrenheip St, Buninyong	At Forest St
0.1	10.1	LEFT	Midland Hwy (A300) (Learmonth St)	Roundabout - Keep Left (1st Exit) To Meredith / Geelong
0.9	9.3		FEED ZONE START Midland Hwy (A300), Buninyong	
1.4	8.8		FEED ZONE FINISH Midland Hwy (A300), Buninyong	
1.6	8.6	LEFT	Mt Buninyong Rd	
3.1	7.1	LEFT	Yendon No. 1 Rd	No Sign / To Yendon (5)
3.6	6.6	LEFT	Yankee Flat Rd	To Federation University
3.9	6.3		LITTER ZONE START Yankee Flat Rd, Buninyong	
4.1	6.1		LITTER ZONE FINISH Yankee Flat Rd, Mount Helen	
4.8	5.4	LEFT	Gear Av	Traffic Island - Caution / Keep Left No Sign / To Federation Uni
5.3	4.9		ATHLETE TOILET ZONE Gear Av, Mount Helen	
7.7	2.5	LEFT	Geelong Rd (C294)	Traffic Island - Caution / Keep Left
9.7	0.5	Continue	Geelong Rd becomes Warrenheip St (C294)	
10.2	0.0		FINISH Warrenheip St, Buninyong	At Forest St



CONVOY CODE OF CONDUCT

The Convoy Code of Conduct applies to all vehicles involved in Race Convoy operations whether involved with the conduct of the race itself or while performing a role that interfaces with the convoy operations and/or occurs within the race envelope:

- Team Cars
- Judge & Commissaire Cars & Motorbikes
- · Media & Broadcast Cars
- Photographer & Broadcast Motorbikes
- Medical Vehicles
- Race Director Car
- · Technical Director Car
- · Neutral Support Cars & Motorbikes
- Police Cars & Motorbikes
- Moto Safety Marshal & Moto Escort Motorbikes
- Marshal Vehicles
- · Lead Car & Sag Wagon
- VIP & Guest Cars

COMPULSORY CONVOY BEHAVIOUR

Applicable to all drivers within the Race Convoy.

Note: The term 'vehicle' refers to both cars and motorbikes.

Note: The term 'driver' applies to both car drivers and motorbike pilots.

- All drivers must attend the Team Managers Meeting, Driver Briefing or Convoy Driver Meeting & Training Course to
 undergo a race specific convoy operations briefing. Details of this can be found in SECTION TWO EVENT DETAILS
 MEETINGS & COURSES. If these meetings/briefings clash with other activities, it is the responsibility of the driver
 to liaise with the PCP to receive these instructions separately.
- 2. Failure to attend these meetings/briefings or actively seek out these instructions separately from the PCP may result in disqualification from the race convoy.
- 3. Misconduct in the convoy will result in a warning being issued. Misconduct that breaches AusCycling or UCI regulations will be disciplined by the PCP. Misconduct that breaches overall race safety and integrity will be disciplined by the Race Director and/or Victoria Police as appropriate.
- 4. At the head of the convoy is the Victoria Police vehicle marked Pilot Car. Vehicles ahead of this vehicle are considered out of the convoy.
- 5. The tail of the convoy is the Victoria Police vehicle marked Tail End Car. Vehicles behind this vehicle are considered out of the convoy.
- 6. All vehicles must travel in the left lane.
- 7. All drivers must gain permission to pass any riders from the Commissaire behind those riders.





- 8. When passing through the convoy, vehicles must only travel marginally faster than the riders, and use short sharp toots of the horn to indicate passing. Drivers must check mirrors before deviating left or right.
- 9. Wherever possible vehicles should pass the riders on the right-hand side of the riders as per normal Australian road rules. When passing on the left-hand side (only in extreme circumstances), drivers must use extreme care and ensure that the rider is fully aware of the intention to pass on the left-hand side. Drivers must check mirrors before deviating left or right.
- 10. When traveling within the race envelope, drivers must not travel more than 20km/h above the speed of the race. To travel any more than 20km/h above the speed of the race is dangerous, unnecessary and unacceptable. Speeding will be severely dealt with. If a vehicle is ahead of the race and there is a fast descent ahead, drivers should accelerate ahead well in advance of that descent so that they are not in a situation where they must speed dangerously to remain ahead of the chasing riders. Note: there are some descents where cyclists will descend faster than a vehicle.
- 11. When traveling outside the race envelope drivers must obey all normal road rules and posted speed limits. The Tail End Car will endeavor to wait for any vehicle stopped (to service a rider, roadside repairs, call of nature) however, extended delays create the risk of leakage from other road users into the envelope, which in turn puts the entire convoy at risk. Extended delays cannot and will not be accommodated. Failure to obey road rules once outside the race envelope may result in infringement notices (fines) being issued by Victoria Police.
- 12. Vehicles must not overtake riders within the final 1km approach to a Sprint or KOM/QOM Point. Vehicles must not overtake riders during the last lap (11.6 km).
- 13. All convoy vehicles must deviate at the designated deviation point at Barkly Street, 400m prior to the finish line under the direction of the Technical Director. Exceptions to this rule are Commissaire vehicles, Race Doctor vehicle, Ambulances and the Sag Wagon.
- 14. Convoy vehicles must be a maximum height of 1.66 meters not including roof bars (unless approved by the PCP).
- 15. Windows on all vehicles in the race convoy must not be obstructed with decals or marked as to obstruct the view through the vehicle
- 16. Convoy vehicles must adhere to the convoy assembly times & locations as listed above under SECTION FOUR VENUE & COURSE DETAILS.







COURSE SIGNAGE EXAMPLES

TIME TRIAL TURN AROUND SIGNAGE







DISTANCE TO GO SIGNAGE





TIME TRIAL LAP SPLIT



FEED ZONE







TOILET ZONE



TOILET ZONE



DIRECTION ARROWS (COURSE)







